

ROLE CARDS

ROLE #1

CHARACTERISTICS

Often, a high-point player (3.5-3) with high speed, agility, and ball-handling skills.

Usually, the team's primary ball carrier, passer, and scorer.

DEFENCE

Covers the other team's biggest threat or looks for favorable matchups to exploit.

More likely to be assigned to solo matchups, and/or to apply pressure on the ball carrier.

Often the middle defender in a key defence.

OFFENCE

Will often be the first touch on the floor and the main ball carrier. The team looks to get them the ball.

Draws the most attention from the defence (often more than one player) which will create opportunities for teammates.

Typically, the ball carrier against a key defence.

ROLE #2

CHARACTERISTICS

Often another high pointer or a midpoint player (2.5-2) with a good balance of speed, strength, and ball-handling skills.

Usually, the team's secondary ball carrier and can either inbound or be the first touch on the floor.

DEFENCE

Covers the other team's 2nd biggest threat and/or works with a teammate on their #1.

Can both apply pressure on the ball or cover pass outlets.

Can play different positions on key defence.

OFFENCE

Usually will try to take out the other team's #4 in offensive transition to create positive matchups for the lineup.

Can be a first touch on the floor and 2nd ball carrier. Can also inbound the ball.

Will be the post up player on a lot of key offence plays.

ROLE #3

CHARACTERISTICS

Often a mid-point player on balanced lineups, or a low point player on High-lows.

Usually not a primary ball carrier, player three can be a picker or a third pass option against the defence.

DEFENCE

Defensively, this player usually covers deep or helps covering a big threat on a double team.

Will help block the progression of the ball and/or stop the flow of low pointers.

Usually plays in the corner, or as a chaser on key defence.

OFFENCE

Offensively, they can be an inbounder, or create space on the floor to spread the defence. Can be a pass option in open court but most times is not expected to carry the ball and beat defenders. If a low pointer, can pick for the ball or set screens to open teammates. Will open gaps or be a pass option on key offence.

ROLE #4

CHARACTERISTICS

Often a low-point player (1.5-0.5), the player with the lowest level of function on the court.

While not a ball handler, the role is crucial on offence to open up teammates and space, and create flow.

DEFENCE

Defensively, this player works will often work in pair with a teammate to cover, or fully trap a player from the other team. Assist on stopping the ball carrier or stopping the progression for the low pointers.

Can set up trap (steel door) on the inbounder. Will almost always play in the corner on key defence.

OFFENCE

Offensively, they are responsible for helping teammates get open for the ball by screening and helping the ball advance by picking.

Can also be the first touch on the floor when running a give and go. Not an intended ball carrier and will only be passed too in catch and score situations.

